



# Home Spa Cornwall at Burncoose House

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Offering High end Luxury Spa treatments within the beautiful surroundings of Burncoose House, choose from a range of Beauty and Holistic Treatments that can be tailored to you. Bringing the Spa experience to you, your therapist will arrive with a range of equipment from heated couches to heated towels, for the ultimate indulgence.

## Burncoose House Signature Treatments

### Deep Relax: 90 minutes; £60

90 minutes of a deeply relaxing and unwinding treatment. Focusing on three key areas; the back, head and feet. Cocooned in a heated blanket the treatment will start with a back massage to ease tension, relax the mind and deeply hydrate the skin

Followed by a pressure point deeply relaxing scalp massage and to finish off the treatment your feet will be stretched and reflex points worked to leave you feeling in a tranquil zone.

### Feeling Fabulous Top-to-Toe: 120 minutes: £95

Give yourself a top to toe pampering session and ensure you are left with glowing skin and preened nails. Including a Gel Manicure, Gel Pedicure and a 40 minute pick me up Facial, focusing on the required areas.

### Back, Face and Scalp Therapy: 45 minutes: £40

45 minutes of blissful relaxation, focusing of the main areas of tension, the back, face and scalp. Pressure points are applied and tension is melted away throughout this relaxing treatment.

### Before the Big Day: 90 minutes; £68

Perfect for Brides or perhaps a big birthday, make sure you're feeling preened and pampered with a Gel manicure and a Luxury Gel pedicure (including a lovely energising foot scrub).

## One for the Boys: 60 minutes; £49

No messing about - an energising Deep Tissue back Massage to work out those aches and pains, finished off with a pressure point foot massage, focusing on reflex points to relax and de-stress.

## Prescriptive Massage: 60 minutes; £49

During your consultation your Therapist will talk to you to work out the style of massage that's going to benefit you the most, choosing from a range of massage styles including Swedish, Aromatherapy and Deep Tissue, or perhaps a combination of them all. Within the 60 minute treatment you can chose to have particular areas of your body worked on, you may for example want to have a deep tissue back massage and your calves stretched and kneaded or perhaps totally relax with a full body massage.

## Time is of the Essence Therapies; 30 minutes: £32

Choose one 30 minute treatment for £32 or two 30 minute treatments for £60

Essential treatments to refresh and revive

Pick me Up Facial

SOS Polish/Gel Manicure

SOS Polish/Gel Pedicure

Head in the Clouds Head Massage

## Individual Treats

### Swedish/Aromatherapy/Deep Tissue Massage

30 minutes	£28
40 minutes	£36
60 minutes	£49
90 minutes	£60

### Reflexology

50 minutes	£46
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### Facials

40 minutes	£40
60 minutes	£52

Relax and indulge whilst treating your skin to a pick me up. Whether it's anti-aging, detoxifying, balancing or simply rejuvenating your skin, we have the facial to suit you using the Neal's Yard skin care range . After a consultation your therapist will choose the products to best suit your skin.

### Indian Head Massage

40 minutes	£36
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### Hand and Feet Treats

Manicure / Pedicure	£30 / £32
Gel colour finish (fingers or toes)	£32