

## Fishing & Cooking Adventures in The South West

# Burncoose House: Hook & Cook and Wild Walks South West Packages. With Justin Ashton & Rachel Lambert

#### 1 Day Event: Package 1 - Based on 4-6 Persons

- \* Morning of fishing including a 4-hour boat trip from Falmouth or the Helford Passage.
- \* Lunch break (see lunch options)
- \* Afternoon 2-3-hour foraging\* around the grounds of Burncoose or Helford Estuary or Fal coastline.
- \* 1-hour cooking demo or lesson.
- \* Fish & Forage tasting menu supper using our bounty from the day's adventures.
- \* £1300.00
- \* £1500.00 (Picnic Lunch option)

#### 1 Day Event: Package 2 - Based on 4-6 Persons

- \* Morning of shore-based fishing from the Fal or the Helford river.
- \* Lunch break (see lunch options)
- \* Afternoon 2-3-hour foraging\* around the grounds of Burcoose or Helford Estuary or Fal coastline.
- \* 1-hour cooking demo or lesson.
- \* Fish & Forage tasting menu supper using our bounty from the day's adventures.
- \* £1000.00
- \* £1200.00 (Picnic Lunch option)

#### 1 Day Event: Package 3 - Based on 4-6 Persons

- \* A special visit to the door of Burncoose from our local fish supplier & his mobile mongery, choose your own fish for the day the easy way!
- \* 2-3-hour foraging\* around the grounds of Burncoose.
- \* 1 hour cooking demo or lesson.
- \* Fish & Forage tasting menu supper using our bounty from the day's adventures.
- \* £900.00
- \* £1100.00 (Picnic Lunch option)



### Fishing & Cooking Adventures in The South West

**Fishing**: The coastal and waters around Cornwall offer some of the best fishing grounds in the country. A wide range of species are available throughout the seasons and migration cycles. We operate a release policy in accordance with legal sizes and breeding seasons. Fish however are not guaranteed and all trips are subject to tides and weather. {There is always a plan B when it comes to obtaining fish for super.}

**Foraging:** The paths, meadows, woodlands and hedgerows of Burncoose estate is fertile ground for plenty of wild flavours to compliment the foraged fish of the day. Alternatively, coastal plant foraging provides natural pairing for seafood, including seaweed, dependent on the season and tide.

#### Also available:

**Justin Ashton Private Chef for hire**: £25 an hour plus ingredients costs based on a bespoke menu to meet the clients requirements.