



HOME SPA

CORNWALL

at Burncoose House

www.homespacornwall.co.uk - 07525 852231 - hello@homespacornwall.co.uk

Offering High end Luxury Spa treatments within the beautiful surroundings of Burncoose House, choose from a range of Beauty and Holistic Treatments that can be tailored to you. Bringing the Spa experience to you, your therapist will arrive with a range of equipment from heated couches to heated towels, for the ultimate indulgence.

Burncoose House Signature Treatments

Holistic Wellness Massage / Deep Tissue Massage

30 minutes - £35

40 minutes - £44

60 minutes - £62

90 minutes - £74

Choose from either a Holistic Massage to incorporate a rejuvenating combination of slow Swedish strokes and targeted acupressure techniques to best address your specific needs, or a Deep Tissue Massage. This will focus on the deeper layers of the muscle tissue allowing your therapist to get to the root of your muscle aches and pains.

Reflexology

50 minutes - £56

Home Spa Cornwall therapists use reflexology to help induce deep relaxation.

By understanding how the body's organs respond to gentle pressure to reflex points on the feet, our experts can use reflexology to stimulate the body's natural healing processes. This is an especially nurturing treatment after a day's traveling or walking.

Scalp Therapy

60 minutes - £62

A deeply relaxing treatment for those who hold tension in their shoulders and mind, focusing on

acupressure points, a full back Massage, working up to the neck and scalp helping to stimulate lymph. Using essential oils of Rosemary, Lavender and Jojoba to nourish the hair and scalp. This oil will help improve follicular strength and increase circulation of the scalp.

Signature Experience Massage

100 minutes - £80

Home Spa Cornwall's custom massage will leave you deeply relaxed and in a zone of zen, enhanced with hot stones and an aromatherapy blend.

A full body massage, incorporating the heat of stones, this massage also includes a sea salt foot scrub and warm oil scalp treatment to provide true head-to-toe relaxation.

Energising Body Detox Treatment

100 minutes - £80

This 3-step whole body experience will restore your natural flow of energy and balance your body's natural biorhythms. This treatment includes a full body lymph drainage dry body brushing to remove dead skin cells, enhance circulation and help with the appearance of cellulite. A lemongrass oil scalp massage followed by a good scrub and pressure point foot massage. To finish a full body lemongrass and grapefruit oil massage, using long relaxing strokes to release toxins leaving your skin cleansed and radiant.

Facials

40 minutes - £46

60 minutes - £62

Relax and indulge whilst treating your skin to a pick me up.

Whether it's anti-aging, detoxifying, balancing or simply rejuvenating your skin, we have the facial to suit you using Neal's Yard skincare range. After a consultation your therapist will choose the products to best suit your skin. All facials include face, head, neck and shoulder massage. Choose 60 minutes to include a second mask along with a relaxing hand and arm or foot massage.

Hand and Feet Treats

Manicure / Pedicure	£38
Gel colour finish (fingers or toes)	£38

See the full treatment menu on our website: www.homespacornwall.co.uk